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DEPARTMENT OF ENGLISH LANGUAGE TEACHING
FACULTY OF AGRICULTURE
RAJARATA UNIVERSITY OF SRI LANKA

MINDSPARK

The Pen is Mightier than the Sword

The First Creative Writing
Magazine By

Department of English Language Teaching
Untold expressions of the students and staff

Department of English Language Teaching
Faculty of Agriculture
Rajarata University of Sri Lanka



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A PIECE OF PEACE...



Barefoot walks,
Feel the dew drops...
Fair root flares,
Heal the new souls...
Cute little paws,
Roaming at a glance...
Mute battle thoughts,
Roaring in silence...
Pleasant morning breeze,
Refresh our vibes...
Giant green trees,
Freeze us for a while...
Shh... Listen...
“A little secret...”
Nature is,
A Piece of Peace...

1

A colorblind,
A downhearted,
In a grey sky.
No pulses,
In the heart.
Once fade away.

What's the end?
Searching colors? Or
Searching souls?
No one knows.
Embraces the woods,
Day by day.

Sunup;
Pristine meadows,
Abloom cliffs,
Sweet scented breeze,
Buzzing and chirpings,
Make some life.



A COLORBLIND SOLIVAGANT



Noontide;
Sun shines,
Rays fall,
Sense a warm breeze,
Growling and roaring,
Make some wild.

Night falls;
Moon glades,
Comes serenity,
By a crispy breeze,
Hooting and howling,
Make some fright.

Astonishing,
Splendiferous aesthete.
Heart pulses.
A solivagant,
A dendrophile,
Found a colorful soul.

ENCHANTING NATURE



People are always used to saying “Everything happens according to the nature”. This is a common saying which has been from distance past. It is not just a phrase to turn a blind eye in predicaments, but something that actually exists in the world. Many recent researchers found that, time spent in nature may be one of the best and most accessible natural stress-busters any individual or family could find. What is the nature that influences life to such an extend? It is as clear as the mud to express the true meaning of the nature, but it is simply a complex web of interconnected ecosystems, showcasing the beauty of the biodiversity, life, in-turn evolves within this intricate tapestry, adapting in diverse forms across the planet. On the other hand, nature’s embrace is the therapeutic release of stress. Someone can say nature assists or lends a hand when people get on their nerves. In the hustle and bustle of our modern life, where stress often takes center stage, there exists a timeless sanctuary that holds the power to heal - the embrace of

nature. After navigating through concrete jungles and technical landscape of entire day, the call of the wild beckons us to rediscover a profound connection with the natural world. One university student who always loses the track of time exploring the nature said, “Initially I explore the nature not to learn something, but for the eye candy. Now, I feel that it has inadvertently become a part of my life. It can mend my pain and blow the cob webs away from my life.” He is not alone in that belief. Most of the students mentioned that after facing uphill battle in semester examinations, being comforted by the environment becomes an addition. Most of them are keen on spending their entire vacation by visiting natural places such as Pasikuda, Ella, Hanthana, Pigeon Island that are known to be drop-dead gorgeous. The rustling leaves, bubbling brooks and harmonious symphony of bird songs collectively create a symphony that orchestrates a release from the tension and demands of contemporary living.

The major mile stone of a child commences with the nature. Child always turns over a new leaf in their life with great outdoors and they could document these discoveries from nature in long term memory. If a child who is around his early pre-gang age is given a flower one more time, his first step is sniffing it since he surely knows like back of his hand that it gives the fragrant from his first experience. Nature is a Giant open-ended learning laboratory which facilitates to learn the ropes of pre-education. Nature makes children innate scientists who make experiences with the sight, scents, sound and textures of the environment. These experiences offer real, bona fide and creditable learning like nothing else can do. What is more, nature brings out nurturing qualities of the children. Child who tends to spend more time on playing video games and diving through technical world expresses more aggressive qualities and irritates behaviors realizing parents that they bark up the wrong tree by laying the indictable pavement which botches up the pre-education or toy-age of the child. Nature is cognizant of every exceptional development of a child. That is mind blowing to know about the nature sentient of every momentous event in human. Over the past few years, researches have been greatly searching in every nook and cranny in order to grasp the undecipherable relationships between the human and nature and especially its influence on their health. Of these examples, the foot print of the human-nature relationship on people’s health has grown with interest as verification for a connection accumulates in many ways. Such

connection has underpinned both the chronic and acute diseases. In the old eras, people were being accustomed with natural herbs, medicine and medicinal methods to roll within the punches of many downhill of the body health. Numerous evidences are there to justify how nature aids in healing human health and soul. Early Sri Lankans used turmeric to fight against the cancer due to its curcumin content. Our ancestors had been acquainted to watch over stilled water in rivers to overcome stress conditions. They referred to it as a kind of meditating method. Before finding any of synthetic chemicals for diseases, ancestors adopted many Ayurvedic methods which evolved in the natural environment. The compilation of natural methods is now very popular as every country is interested in preserving the traditional systems of medicine. Female cancer patient said that being in nature or even viewing the swimming of colored fishes levelled down the stress and felt like a blowing feather.

At present, people begin to change their lifestyle, rescheduling daily routines by turning back the hands of time to build bridges between nature and human life. They all emphasize that many of them felt refreshed and restored after spending time outside. The healing power of forests has been discovered as an astonishing thing which is very popular in Japan known as forest bathing. It is a more well-known therapeutic treatment to unwind and lower the blood pressure than strolling through an urbanized environment. Fortunately, this has become a trend in modern world of putting on airs to show People's deep pockets. However, all these trends subjugate and eliminate the nature of bundle of nerves and turn the profound spiritual life up a notch. This is just not a wildness lover, consciously connecting the nature to your soul. Some people thoroughly say, they are affixed with divulged occult coincidents during forest bathing or when plunging/diving in deep nature.

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"It is impossible to alter the nature, just to adopt the nature as it is."

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MOON

L o v e r



As far as I recall,
Glancing at the late-night sky,
I had climbed through the ladders.
To witness his glow.

Circling around the Earth,
He had always remained nearby.
Observing and serving
Keeping his gaze lower on me.

I adore the way he is.
Whether he is in part or in whole,
Imperfection isn't an obstacle.
It makes our lives whole.

As the night breeze whispers his
name,
It warms my heart with a charm.
Through a single glimpse, he
soothes me.
There I stay gazing without sleep.

Even though we aren't closer,
I dare to believe.
And, once and for all, I knew,
That, he is my destined lover.

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**“ WHERE
FLOWERS BLOOM
SO DOES HOPE ”**

- Lady Bird Johnson -



Mother Nature

Mother Nature is a beautiful gift that we have received from someone: it could be a god or someone else. We don't know from whom we have received this beautiful, miraculous, marvelous gift. Somehow, nature is just like a mother to me, so I would like to call this beautiful nature, Mother Nature. All of us are daughters and sons of Mother Nature. These sister rivers, brother trees, clouds, and our dearest animals—all of them are our siblings. All of us should maintain good inter-relationships among all the children of Mother Nature to make her happy. It's just like a responsibility because every child should make their parents happy.

Motherly Figure of Nature

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There are many reasons to recognize nature as Mother Nature. A mother is a living being who gives us life, looks after us, feeds us, and sacrifices her whole life for her child. Similarly, the term, Mother Nature is the personification of nature, representing the natural world as a maternal, nurturing, and life-giving force. The use of this term can be traced back to ancient times when various cultures and civilizations personified natural elements and forces as deities, often attributing feminine qualities to them. In present times, people simply refer to nature as Mother Nature to express the nurturing and life-sustaining aspects of the natural world. It conveys a sense of connection between living organisms and the environment. The term, Mother Nature reveals various facets of nature as a provider and sustainer of life, much like a mother caring for her children.

What are the Benefits of Mother Nature?

Just like a mother, Mother Nature feeds her own children. She doesn't let her children stay hungry; with the interrelationships of Mother Nature's children, she has provided everything for them. Trees take food and nutrients from the soil and consume water. All other animals and human beings depend on plant food, which Mother Nature has given. Sister rivers, lakes, and rain quench her children's thirst. Not only food and water, but also our beloved Mother has also given us pure air to breathe. She has created beautiful creative cycles to maintain the balance of respiratory gases. Trees need carbon dioxide to produce food and for other purposes, while animals and humans produce carbon dioxide for plants. These plants, in turn, provide oxygen for animals and humans to breathe. It's remarkable to know how beautiful this relationship goes on. Every child of Mother Nature, be it plant, animal, or human, may get sick. For that, too, our Mother Nature has provided herbs and medicines for us. Animals have their own magical healing power; if they lick their wounds, it heals automatically. Many plants have valuable medicinal properties in each and every part of their structure. These are some factors that prove the caring nature of our Mother Nature.

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Sad Story of Mother Nature

Our Mother Nature has created human beings to look after her other children like trees, rivers, and mountains. However, do they protect others? No, according to my point of view, they do not. Humans kill animals for various benefits and cut down trees. Nowadays, environmental pollution, air pollution, and water pollution have occurred due to various human activities. Our own sisters and brothers, the trees, rivers, and mountains, are not in good condition.

How can one be happy when their siblings feel sad? People cut down trees to earn money for their economic benefits, and they misuse Mother Nature. How can humans be? Factories emit bad, poisonous gases into the environment, and humans dispose of garbage into water bodies. People engage in all kinds of harmful activities towards the environment. Now, humans have become the main enemy of their own siblings. They use animals for unethical laboratory work and breed animals without considering their genetic problems. A prominent example is the unethical breeding of dogs.

How to Protect Mother Nature?

As children of Mother Nature, it is our responsibility to protect our mother and take good care of her. The first thing we should do is to love Mother Nature and our siblings. We naturally try to protect the things we love, so if we love nature, we will automatically tend to protect it. Protecting Mother Nature involves adopting practices and making choices that contribute to the conservation and sustainable use of natural resources. In this discussion, we explored Mother Nature and ways to contribute to her well-being. The key aspect to understand is the connection between humanity and the environment. We learned about the importance of Mother Nature, the motherly figure of nature, the benefits, and how to express our love for Mother Nature. Ultimately, this article plays a major role in the mission to protect Mother Nature. Let's love our Mother Nature for a better future.

Microplastic Pollution:

Understanding the Hidden Threat to Our Environment

Plastic is a common thread that permeates every aspect of our contemporary life, adding complexity to the complicated fabric. Plastics become a necessary component of our daily lives, from the ease of packing to the advancement of cutting-edge technology. However, this artificial marvel has a complicated interaction with the environment that requires our careful attention and concern. The story of plastic challenges us to rethink about our relationship with the environment and set out on a path towards sustainable coexistence as we tread the fine line between convenience and ecological responsibility. Plastic is a versatile material that is mostly derived from cellulose, starch, or petrochemicals. It is classified as a synthetic or semi-synthetic substance. Because of its many uses and versatile properties, this special and adaptive material has established itself as a crucial component of many different sectors. We consume far too much plastic in our daily lives, and we carelessly and unpredictably dump it into the environment. Environmental degradation increases as a result of its unintended consequences, which will affect both current generations and those to come.

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The existence of microplastics in the environment has gained a lot of attention in the media these days. The tiny plastic particles smaller than 5mm are known as microplastics. Since they are very minute and invisible to the unaided eye, their negative effects on the environment and human health have got worse. Despite their small size, they have a significant effect on us. The recent findings provide strong proof of the widespread presence of microplastics in numerous aspects of our daily life, based on scientific assessments. Currently, it is estimated that 81 % of tap water has 5.45 particles per litre, whereas 93 % of those who drink bottled water have an average of 10.4 particles per litre.

These tiny plastic particles are widely dispersed throughout natural water reservoirs, as evidenced by the range of 0-1000 particles per litre found in freshwater sources. Furthermore, findings revealed that out of seafood samples analyzed, 25–28% include these microplastic particles. This highlights the possible health effects on humans that could arise from microplastics getting into the food chain through marine life.

Negative Consequences of Micro-plastics

This invisible encroachment into the air we breathe emphasizes how ubiquitous microplastics are in our surroundings and how important it is to address and reduce their negative effects on ecosystems and human health.

Impact on Human Health

Microplastics' prevalence in many facets of our lives has increased human health hazards, with serious consequences. Many serious medical conditions, such as genotoxicity, infertility, diabetes, obesity, and chronic and autoimmune diseases, have been related to these microscopic plastic particles. Microplastics are a dangerous substance that poses more than just an immediate threat to health, they may also act as a cause of serious diseases including cardiovascular disease. Future generations are seriously threatened by the severe consequences of these health problems. The widespread presence of microplastics in the environment requires immediate action and encompassing approaches for reducing their negative effects on human health and well-fare. It is imperative that this issue be addressed for the benefit of the present generation as well as future generations' well-being.

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Impact on Environment

There is no doubt that microplastics have a significant negative impact on the environment, with many different negative impacts. These tiny plastic particles accumulate in the tissues of living things, a phenomenon known as bioaccumulation, which poses a serious threat to the environment.

Particularly, vulnerable is marine life, which suffers damage ranging from physical entanglement to disturbances in its usual feeding and behaviour routines.

An additional cause for environmental concern is raised by the discovery that microplastics contain hazardous chemical contaminations. These toxins, which are frequently found in plastic composition, have the ability to penetrate into ecosystems and threaten a variety of species. Another effect of microplastics' contribution to environmental degradation is the destruction of habitats, which disturbs the delicate balance of ecosystems. Moreover, these tiny particles have the ability to pollute sources of drinking water, harming the quality of this essential resource. Microplastics penetrate terrestrial habitats and have the potential to negatively impact agricultural productivity and soil health, which raises concerns about soil degradation. The ongoing nature of these particles also contributes to air pollution, as they can become airborne and circulate in the natural world.

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We should be able to reduce the harm that plastic causes to both humans and the environment by intentionally employing fewer recyclables or choosing sustainable alternatives, along with properly disposing of plastic waste. To meet our responsibility to protect the planet for both the present and the future, mankind must unite in this effort and make a joint commitment. Then, we can create the foundation for a safer, more sustainable nation and, eventually, a better planet by working together. Each of us has the ability to bring about significant change, and when we work together, we can turn our common goals into a reality.

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Nature

Nature is a treasure,
which is full of attractive
properties, such as giants like
mountains and ranges,
forests, rainforests, plains with
evergreen flora and fauna.
Blue waterfalls, lakes and rivers,
which are flowing calm and
quiet, through the hamlets.

Golden sea,
which is magnificent in sunset.
Multicolored corals
Which look like beautiful
carpets under the sea.
Mangrove ecosystems,
which look like massive giants.
All these features beautify
nature.

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How the nature has been affected by Agriculture

Nature is the entire environment around us, comprising of numerous components and biosystems. It encompasses the Atmosphere, Lithosphere, Hydrosphere, and Biosphere, which are the major spheres. Each component in nature belongs to one of these spheres. Agriculture, a primary human activity, is directly associated with nature. There are nine main categories in agriculture, which include sludge farming, wetland rice cultivation in Asia, tourism animal husbandry, Mediterranean agriculture, mixed farming in Western Europe and North America, dairy control, business horticulture, animal herd management, and commercial grain cultivation. Both positive and negative effects of agriculture on nature exist. Let's discuss them in details.

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What Are the Bad Effects of Agriculture?

Environmental issues also arise due to agriculture. This is because it changes the natural environment. Agriculture has devastating side effects. Some harmful results are as follows.

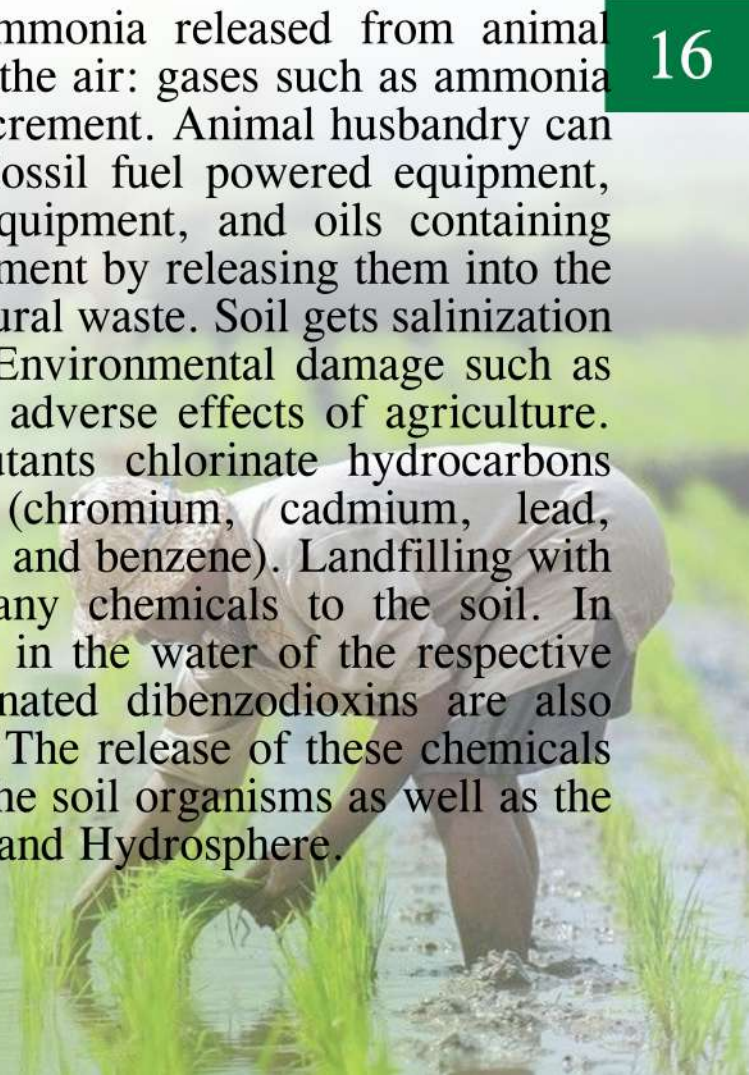
Destruction of Biodiversity

Addition of additional nitrogen and phosphorus to water bodies can cause problems such as eutrophication, environmental problems, spread of diseases, and loss of habitats for the aquatic fish community. This directly affects the hydrosphere.

Damage from Herbicides, Insecticides and Other Chemicals

These chemicals can accumulate in the soil, air, water and can be harmful to living things. Maybe, by turning all kinds of natural environment into cultivated areas:0 the nature of the natural habitats, the natural environment is damaged. This direct impact on the natural plants and animals directly affects the biodiversity. Next bad effect is soil erosion. Soil is damaged by regular tillage in agriculture. By frequent damage to the naturally existing soil, soil particles are separated and soil erosion can occur. Deforestation can have major impacts on the natural environment. Soil minerals are depleted, thereby resulting in infertile soil. Then, next is Air pollution and it directly affects atmosphere.

Air pollution is caused by ammonia released from animal waste. Then, ammonium joins the air: gases such as ammonia methane released by animal excrement. Animal husbandry can cause a lot of air pollution. Fossil fuel powered equipment, emissions from agricultural equipment, and oils containing bare metals pollute the environment by releasing them into the soil. Odor occurs from agricultural waste. Soil gets salinization by fertilizers, agrochemicals. Environmental damage such as water crises can be termed as adverse effects of agriculture. The most common soil pollutants chlorinate hydrocarbons (CFH), and heavy metals (chromium, cadmium, lead, gasoline, MTBE, zinc, arsenic, and benzene). Landfilling with waste and chemicals adds many chemicals to the soil. In addition, they also accumulate in the water of the respective areas. In addition, polychlorinated dibenzodioxins are also released into the environment. The release of these chemicals into the soil affects especially the soil organisms as well as the plants. It affects the Biosphere and Hydrosphere.



What Are the Good Effects of Agriculture on Environment?

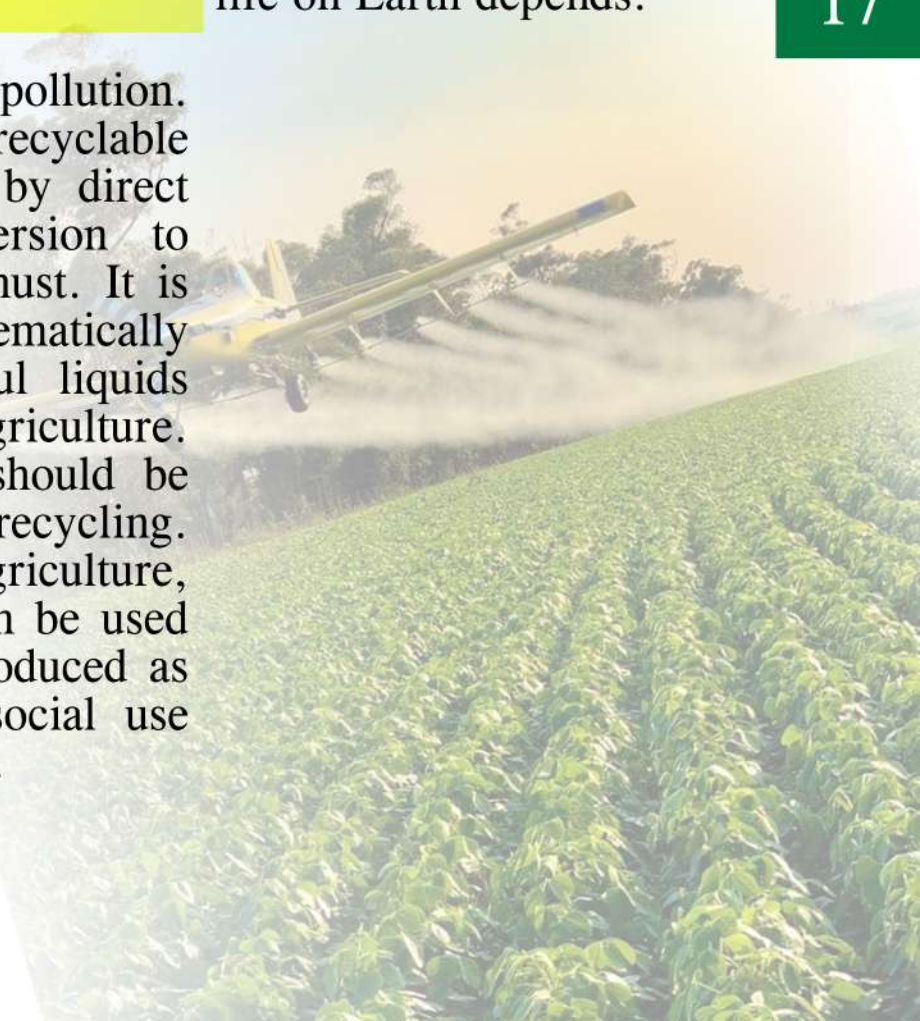
If sustainable agriculture takes places with the proper Environmental Protection, it may lead to have positive effects on nature. Because of agriculture being a human activity, there are a smaller number of good effects on nature. But we can reduce the bad impacts of agriculture on nature by following some steps. Now let's discuss them.

Pollution Reduction and Cleaning

The future goal is zero pollution. Conversion of non-recyclable materials into energy by direct combustion or conversion to secondary fuels is a must. It is important to systematically dispose of the harmful liquids produced in agriculture. Recyclable materials should be disposed of by recycling. By-products of agriculture, digestible materials can be used as animal feed and produced as fertilizers. Reducing social use of non-recyclable fuels.

Conservation and Sustainable Use of Scarce Resources like Water, Land and Air

Reduction in agrochemicals and highly acidic fertilizers by applying methods to properly dispose of the oils, metals, and gases that are discharged from agricultural machinery and protection of endangered and threatened species are badly needed. Agriculture can be done with minimal damage by protecting the biodiversity and ecosystems in general on which the survival of man and all life on Earth depends.



The purpose of agriculture is an economic gain and human survival. As this is an artificial process with human intervention, it has less beneficial effects on the environment, but this agriculture can be done with minimal damage to the environment as follows;

- Minimize soil erosion conditions by regular irrigation
- Minimize agrochemicals as much as possible
- Application of soil conservation methods
E.g. Drains
- Insect, weed control and soil conservation by agronomic and biological methods, soil rehabilitation cream, and systematic disposal of agricultural waste

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By these methods, it is possible to carry out agriculture favorably while protecting the environment.

Agriculture is a very important human activity. Since ancient times, almost every country has depended on agriculture. As agriculture is directly intertwined with nature, we must pay more attention to environmental protection. If we protect nature, Nature will protect us.

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In meadows green where sun does play,
Nature weaves its grand display.
Whispers of the wind in trees,
A symphony that floats on breeze.

Mountains high, their heads in clouds,
Guardians of secrets, stories shrouds.
Rivers dance, a silver stream,
Reflecting sunlight's gentle gleam.

Flowers bloom in vibrant hues,
Nature's palette, endless views.
Butterflies, like petals free,
Waltz with joy in melody.

The moon ascends, a silver queen,
In night's embrace, a mystic scene.
Stars above, like diamonds bright,
Adorn the canvas of the night.

A symphony of life unfolds,
In nature's arms, a tale retold.
The rhythm of the earth's sweet song,
In every creature, we belong.

Embrace the gifts that nature shares,
The fragrant blooms, the mountain stairs.
For in the dance of life we find,
A harmony, forever bind.

INTO Nature

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The healing power of nature: nurturing well-being and creativity

Once Joseph Campbell said, "The goal of life is to make your heartbeat match the beat of the universe, to match your nature with nature." Mother Nature is a unique gift that everyone of us has been given. She provides us with basic needs like food, water, and raw materials for businesses like textiles, pharmaceuticals, and agriculture that depend on the bounty of nature. She provides us with energy that is necessary for our daily existence, such as hydropower, wind energy, and solar energy. With its abundance of chances for hands-on learning in biology, geology, ecosystems, and environmental science, nature is an amazing classroom. Our outside environment offers areas for leisure and recreation, enabling individuals to partake in outdoor pursuits including hiking, camping, and wildlife observation.

Natural settings can be helpful for both physical and mental health. Time spent in nature has several health benefits, including lowering stress, elevating mood and improving overall health.

Artists such as writers, musicians and other creative individuals give birth to most of their creations based on nature.

They study nature and initiate paintings, poems, films and songs. Also, photography profession is mainly related to nature and its behavior. The Sound of Music (1965), Earth (2007), The Tree of Life (2011) and Wild (2014) are a few of the examples for films and documentaries made by people based on nature. "Green River" by Credence, "Mother Nature's Son" by the Beatles, "The River Sings" by Enya and "Earth Song" by Michael Jackson are the songs that you should listen to.

In 1821, John Constable was inspired by seeing shapes and patterns of beautiful nature and got into a painting called "The Hay Wain." Sri Lankan artists such as Sarath Karunagama and Nuwan Darshana use landscape nature sceneries as subject for their arts. Throughout the history, nature has inspired art, literature and philosophy and examines how it continues to influence human creativity and innovation.

Doctors even say that watching green sceneries and working with the natural environment instead of looking at the phone, computer or television screen during the study break reduce the fatigue of the eyes and prepare the mind to study again and also being in natural surroundings encourages reflection and contemplation. Not only for art and education, the serenity of nature provides a peaceful environment for thinking, leading to insights, helping to cure mental stress conditions and to reduce heart diseases and also a deeper understanding of oneself and the world.

Nature is an endless source of fascination and curiosity. It mainly consists of living and non-living things. People conduct research through them but new varieties emerge day by day. Exploring the complexities of ecosystems, wildlife and natural phenomena stimulates a desire for learning and a deeper understanding of the world. Nature inspires a sense of responsibility and care for the environment. Witnessing the beauty of natural landscapes often motivates individuals to become advocates for conservation and sustainable living.

In essence, nature serves as an everlasting muse, inspiring creativity, fostering well-being, and imparting valuable life lessons. Its timeless influence transcends the boundaries of art, science and personal growth. As we continue to find solace, wisdom and innovation in the embrace of nature, we discover that the inspiration it provides is not just a fleeting moment but an enduring gift that shapes our understanding of the world and ourselves.



INTO THE WOODS

There is another sky,
Gloomy and bright,
There is another sunshine,
Filtering through the dark.

Trees kiss the bright sun,
Leaves embrace the dews,
Flowers look down shyly,
Letting love spread.

I hear the whispers
Of waters beneath my feet,
Feel the warmth
Of blues that flow.

Chirping birds dance,
Making a party in the woods,
Silent and serene,
Nature's pure breeze.



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Hold Me Tight

The cure for my all sores;
The comfort for my deep miseries;
The forbearance for my heavy breaths;
The support for handling my all grievances.
Yes, Indeed, I healed...

I found my patience among the endless path of evergreens;
I found my consolation among the cooling breeze;
I realized my morals among the fragrance of blooms;
I got me back when the rain kissed me;
I came to my senses with the soothing creation.
Dear Nature, Just hold me tight, Once again

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A Moment's Peace

Nature and art can make us feel alone with
the beautiful and melancholy stuff in life.
Do you know?
Nature is painting for us, day after day,
pictures of infinite beauty.
Nature always wears the colors of the spirit.
Therefore, art can never exist without nature.

If you stay and look at a forest of dead trees,
there is a sad message,
which is that seasons wax and wane and
we're all fated to go the way of the leaves.
What do we do with that sadness?
Fallen leaves to the ground create a space
where our melancholy and anxious feelings can be held,
Almost like a loved one hugging you.

Just imagine, the sound of nature while
walking quietly into a lush green forest,
The feeling of a cool breeze on your face,
How birds flitting from one branch to another,
The soft sound of your feet crunching on the leaves,
As you spend more time here,
You start to feel relaxed and happy and
feel like you can think more clearly.
And that gives us a moment of peace, calm and restoration.

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WILD MOUNTAIN THYME

On the mountain, wild and high,
Where the breezes softly sigh.
Hills with Heather's grace,
Nature's colors interlace.

Peaks reaching for the sky so blue,
Larks dancing in the morning dew.
Green carpets beneath your feet,
Nature's rhythm, serene and sweet.

Thyme scents linger in the air,
Wild and free, beyond compare.
Sunset paints the hills aglow,
Time slows down in nature's flow.

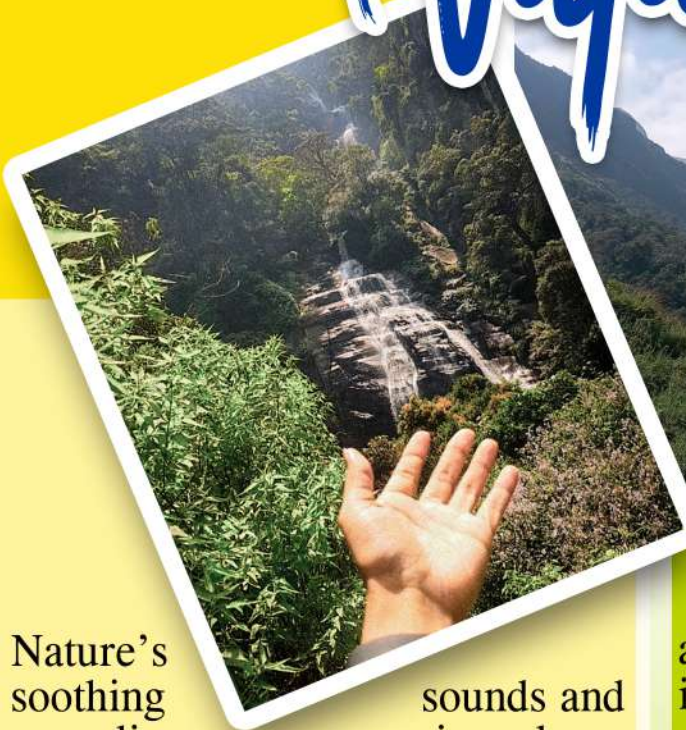
A haven where dreams align,
On Wild Mountain Thyme, so fine.
Nature's beauty, pure and prime,
In this place where moments chime.

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Nature is a precious and invaluable gift bestowed by the god upon the living creatures on the earth. All living organisms are wholly dependent on air, land, water, fire, and the sky for their survival. Nature is comprised of biotic and abiotic segments and these segments are an integral part of nature.

Nature



Nature's soothing sounds and appealing sceneries relax our minds and lead us to a peaceful life. But, the ignorance and the development of the world have already wounded the beauty of nature. Nature always nourishes and nurtures us and never causes any harm. From nature, which provides with various renewable and non-renewable resources.

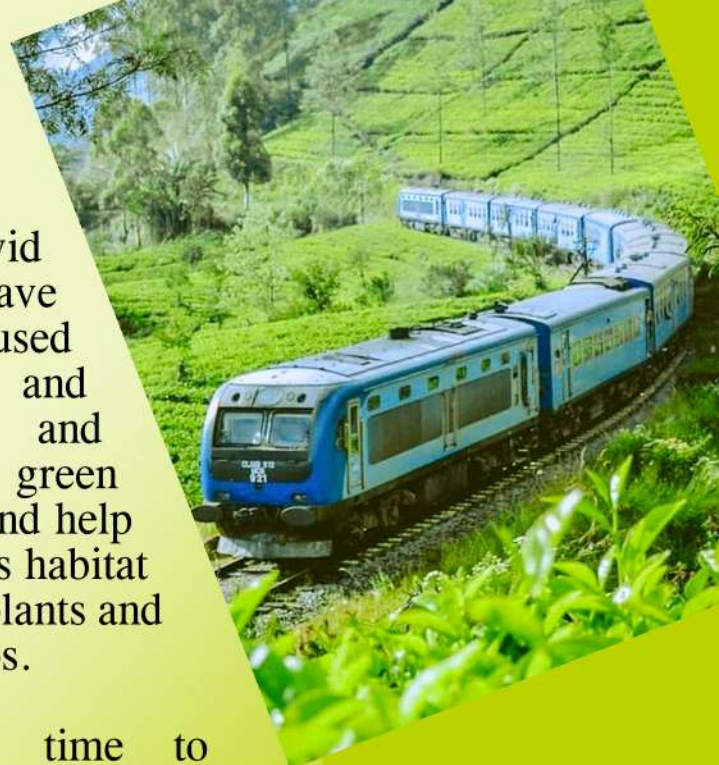
And, we get numerous benefits for Nature could protect the mankind as well as destroy it. The survival of all living beings is taken care of by nature. It provides all the food to maintain a healthy lifestyle and pure water to endure thirst and to stay away from being dehydrated.

Most importantly, nature provides fresh air for all living things to breathe.

All our necessities are taken care of by Mother Nature and the natural cycle of the ecosystem is important to ensure the survival of organisms.

On the other hand, nature has all the components

and elements that humans need for industrialization like minerals, sand, mineral oil, corals ... etc. Moreover, nature can act as an unpaid therapist to people with a hectic lifestyle. For instance, having a simple walk with a cup of tea in the garden will help refresh all our brain cells. The sweet soothing sounds of birds, and the sound of running fresh air rejuvenate us, and the clatter of the breeze catches our soul.



Once a famous poet, Henry David Thoreau said, “We can never have enough of nature”. Nature can be used as a medication to heal physical and mental ailments like anxiety, and depression. Spending time in green spaces will improve one’s mood and help feel more relaxed. Nature provides habitat for humans and wild animals and plants and controls food chains and food webs.

Nowadays, people have less time to appreciate and enjoy the beauty of nature.

With the rising population and improvements in technology, people have neglected about the well-being of nature and kept harming and destroying it for their satisfaction. As the population rises drastically, people need more space for shelter and cultivation and to fulfill other needs. So, they keep removing tree cover. Deforestation leads to many crises like soil erosion, floods and most importantly the imbalance of the atmosphere.

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So, this will affect nature directly or indirectly. This will decrease the amount of annual rainfall and increase the temperature and then global warming will arise and all the glaciers will melt causing the sea level to rise. However, this will end by affecting the livelihood of coastal areas and many more others. In modern days, people intend to use more technologically improved devices like automobiles that emit a lot of toxic gasses like CFC, SO₂, and CO₂ which pollute all the water, air, and land.

People harm nature drastically. If we destroy nature just to satisfy our current needs, it won’t be left for the next generations. The selfish acts of people adversely affect the existence of nature. So, it is everyone's duty to make people aware of the importance of nature.

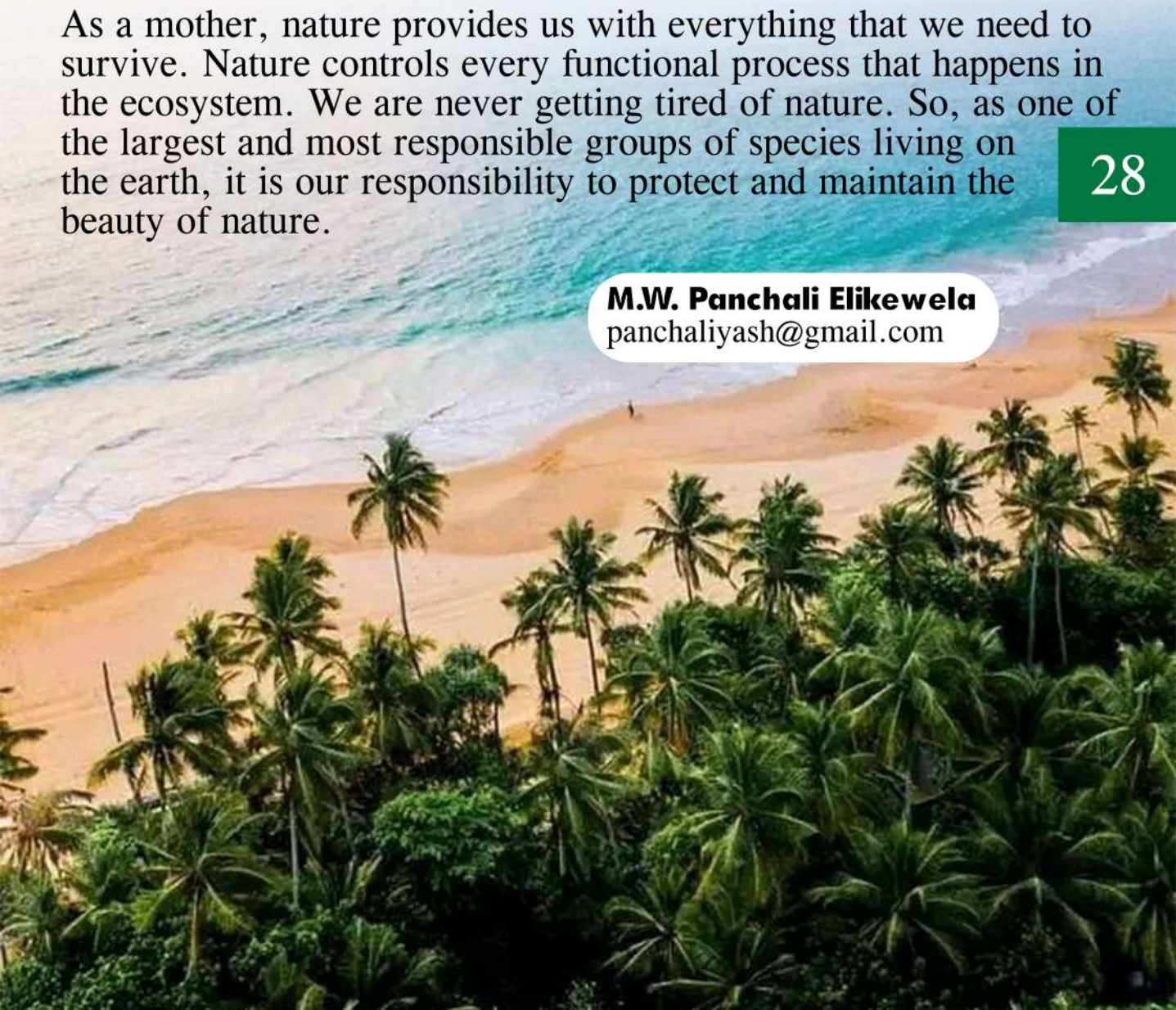
Conservation of nature is vital to save the earth from various hazardous conditions. Conservation of nature helps promote biodiversity and ensure the safeness of wildlife.

So, to save nature for the future, it is vital to minimize human activities that have been causing harm to the earth. Climate change is the worst output that occurs because of the ignorance of mankind towards nature. If we act together and spread awareness about conservation, we can use nature's contribution to the mitigation action needed to avoid a catastrophic increase in temperature and reduce global warming. On the other hand, the conservation process ensures the healthy life of all living things as nature cures everything.

As a mother, nature provides us with everything that we need to survive. Nature controls every functional process that happens in the ecosystem. We are never getting tired of nature. So, as one of the largest and most responsible groups of species living on the earth, it is our responsibility to protect and maintain the beauty of nature.

28

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'Shaka' Forest

Shani' is a village girl from a remote village called 'Srinivas', which is a hidden shire in 'Shaka' forest. The village consists of many beautiful and plants of high medicinal value. Noone believes the existence of such villages except the writers like me. 'Uuna kanthi' is one of the sacred plants and its yellow-reddish coloured flower petals can cure any kind of fever from viruses, bacteria, fungi or any other microbe. 'Sarva Shakti' is also another flowering plant and its flower petals can be mixed with 'Uuna Kanthi' flower petals and can be applied on the skin for any kind of muscle, joint pain or any organ failure.

Shani's mother 'Dharma' is a clergy woman in the village who does enchantments and other religious activities. When talking about their religion, it's a religion in which the Mother Nature is considered as the high goddess.



They had named Mother Nature as the Goddess, 'Saranya'. Each year, there is a grand festival to celebrate the beginning of all the flowerings of each and every medicinal plants of which the flowers and flower buds are used as a sacred medicine. In this event, 'Dharma' has to deliver a speech and conduct all the prayers as the chief clergywoman.

When talking about Shani's father, he had unknowingly vanished from the village before 300 years from now. Yes! these villagers have long lives as they use medicine produced by using their sacred plants. There was Small River called 'Diya Waluka' and all the flower petals from both Sarva Shakti and Uuna Kanthi flowers

which are not used by the villagers fall on to Diya Waluka River. All the petals decay and the medicines in the flowers are also degraded and mixed with that river water. The surface water on this river evaporates and makes clouds in the sky. One day, a set of rainy clouds which were larger than the Himalayan mountain range started moving away from Srinivas village and also away from the beautiful Shaka forest. Nobody knew that those magnificent clouds were concentrated with the medicinal oil from all the flower petals from Shaka forest. If they knew, no one would let those clouds take off from the sky of the Shaka forest.

Shani's mother Dharma saw those clouds and she told others about that bad omen. But no one listened to the poor clergy woman. The clouds moved far away from the Shaka forest sky and arrived at another village million miles away from Srinivas village. This shire is known as 'Yapas' village and also it was surrounded by a long mountain range called 'Yoda' mountain range. All the villagers were miners or excellent blacksmiths who know well how to handle iron ore and make tools and weapons out of it. There wasn't a single house without an injured person. Each and every men had their own injuries.

30

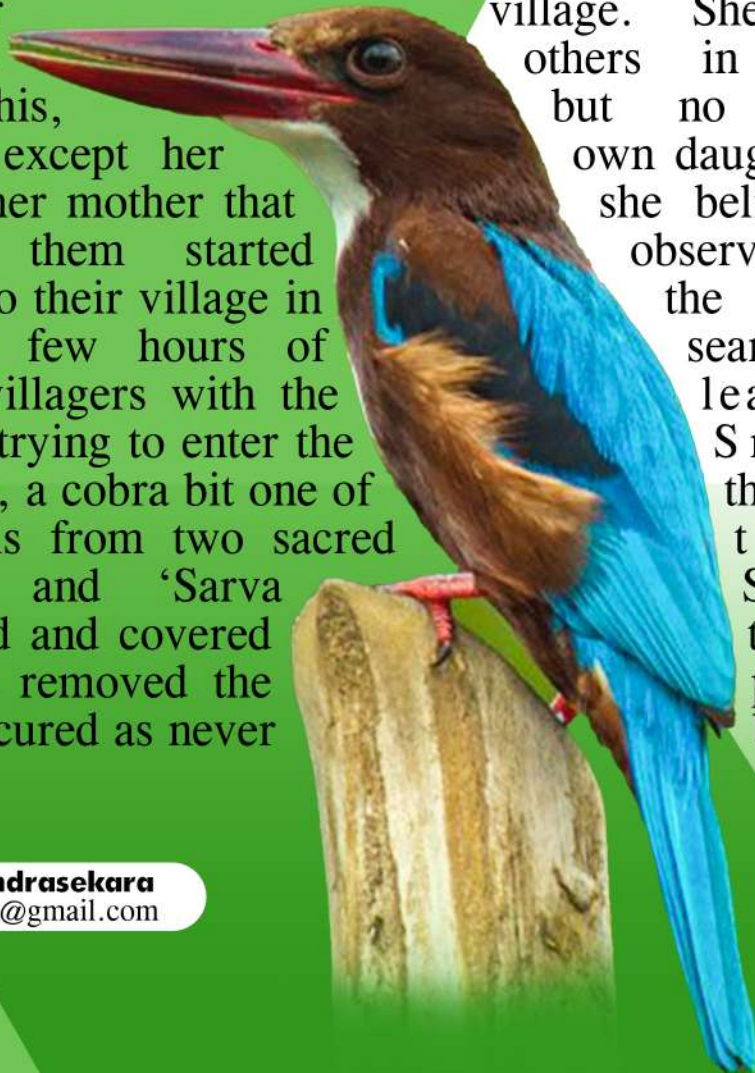
Suddenly, the previously mentioned clouds from Shaka forest started raining and rain drops fell down on to the Yapas village. The water droplets fell onto the skin of injured people in the village and those recovered from their injuries as never before. There were some women suffering from skin diseases due to frequent work at Iron mines and also there were children suffering from Silicosis like respiratory diseases. They all became healthier as never before with this magical rain. The nurses at the village hospital started collecting this magical water and fed all the cancer patients. The village headman's daughter 'Gangula' started shouting and gathered all the women and men to dig a huge hole on the earth; started building a great manmade lake to hold this magical rain water.

They named this magical water lake as 'Swasthi' lake. But, there was a mad scientist at Yapas village named 'Bali'. Bali was not happy about this magical rain and he wanted to find a way to stop raining and also he wanted to find the land from which these magical water clouds came.

He got into a ship and waited for the clouds to return to their home. After three days of rain, the clouds started their returning journey. Bali started the ship engine and followed the clouds while watching the sky using a telescope fixed onto the ship's control room. The advanced technology in his ship made the travelling easy. Finally, he was able to put his foot on Shaka forest and he entered the Srinivas village after a few hours of arrival into the Shaka forest.

In the village of Srinivas, Dharma saw a dream yesterday about an invasion to their village. She tried to convince all the others in her village about this, but no one listened to her except her own daughter, Shani. She told her mother that she believes her and both of them started observing each and every route to their village in the Shaka forest. After a few hours of search, they saw the Yapas villagers with the leadership of Srinivas Bali who was trying to enter the village. Suddenly, a cobra bit one of them and the trees; two flower petals from two sacred 'Uuna Kanthi' and 'Sarva Shakti' fell onto his hand and covered the place petals and of the bite. Bali removed the before saw the bite was cured as never

31



D R E A M N I G H T

It's cold and dark
Midnight was filled with the mist
The snowflakes fell down with a divine shine
I was at the top of a mountain
Covered with slushy snow
It really looked like a whitish veil of a bride
My eyes were waiting for something gorgeous
I could hear the heartbeat of my own
Finally, when the sky was painted with luminous green,
Holy silence of aurora made me feel I was in heaven,
Shiny ribbons of green made me forget all my worries,
I realized How amazing mother nature is
My eyes filled with tears of gratitude
I knew I had to wake up as I was dreaming
However, that's the dream I love most
But never had enough luck to experience it real

32

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The Resilience of Nature's Heart

In the heart of tempests, where chaos is born,
Nature's fury unleashed, in tumultuous scorn.
Raging storms paint the skies in shades of despair,
A symphony of chaos, tearing through the air.

The ocean's wrath, in relentless roar,
Waves, like vengeful spirits, crash on the shore.
Eroding the land with relentless might,
Nature's anger, an unyielding fight.

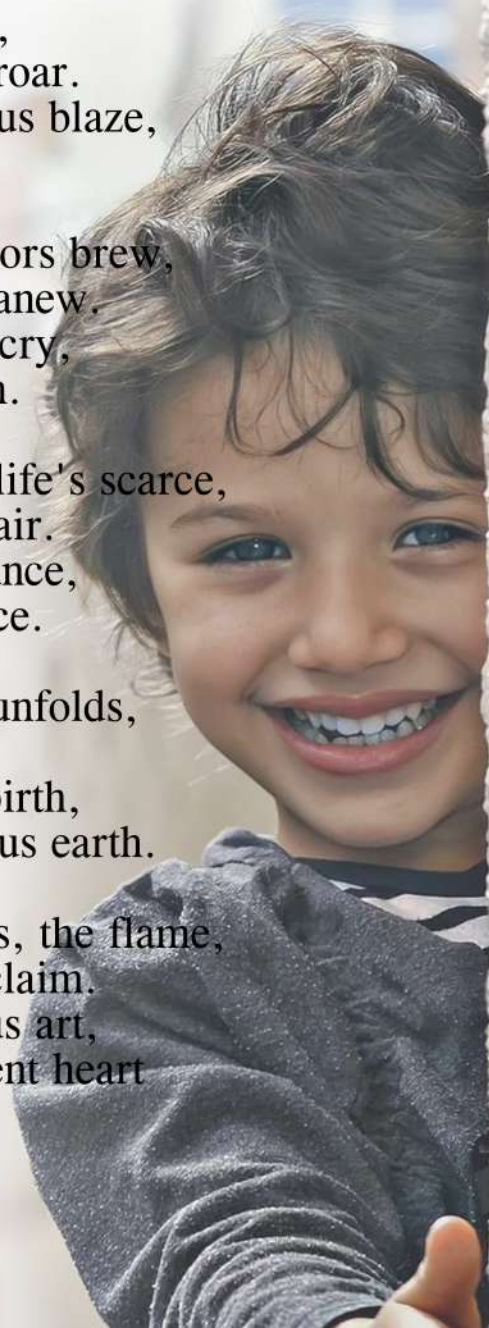
Fire dances on the forest's floor,
A relentless inferno, a fierce uproar.
Consuming the green, a voracious blaze,
Nature's wrath, in a fiery maze.

Beneath the ground, where tremors brew,
Earthquake's embrace, a terror anew.
Mountains tremble, and valleys cry,
Nature's upheaval, a primal sigh.

In the silence of deserts, where life's scarce,
Sandstorms whirl, a ruthless affair.
Blinding winds, in a desolate trance,
Nature's chaos, a relentless dance.

Yet, in disaster's wake, a truth unfolds,
Nature's fury, a story retold.
For in destruction, there lies rebirth,
A cycle of life, on this tumultuous earth.

Witness the tempests, the quakes, the flame,
Nature's calamity, an untamed claim.
Respect the power, the disastrous art,
For in its chaos, resides a resilient heart





Coral reef & biodiversity of ecosystem

Characteristics of the Corals

Corals can be considered as the one of best gifts of the nature located under the water ecosystem in the ocean. These are also defined as the "Rain forests of the sea." Coral polyps are the animals that are primarily responsible for building coral reefs. The coral polyps have a simple structure with the stomach which opens at one end. It is called as the mouth and when they consume foods, the waste products are expelled from this mouth. Most of the Corals are fed at night and they have special cells to capture foods called nematocysts. These stony polyps can form large Coral reefs. Coral reefs are normally formed as the colonies all together by Calcium carbonate. Corals mainly belong to the family Anthozoa in phylum Cnidaria. They can secrete the hard exoskeleton composed of Calcium carbonate. As the environmentalists report, the corals first appeared at the dawn of the Ordovician, displacing the microbial and sponge reefs of the Cambrian.

They can normally be identified as mutualism symbiotic relationship because they have a relationship with the photosynthetic algae called as Zooxanthellae. They live in coral tissues. So, Corals can provide protective environment for the Zooxanthellae and it benefits from the photosynthesis of them. And also, algae help remove the waste products from the corals. There are 2 types of corals based on their habitat as soft corals and deep-sea corals. Soft corals basically live in the shallow, warm, and agitated water. But deep-sea corals can be seen in the deeper areas in the sea where there is lack of the Zooxanthellae. So, these type of corals have to fulfil their foods by consuming phytoplankton and different type Organic matters. The corals can reproduce their offspring both through sexual and asexual methods.

How Coral Reefs Form?

Coral reefs are formed by attaching the coral larvae to the submerged rocks or any other hard surfaces along the edges of islands. There are fringing, barrier or atoll types of corals. However, these three types can occur due to various factors such as bottom of the topography, depth, wave and currents, strength of the wave, temperature and sediments. It takes some considerable time to form coral reefs. For example, 0.3 to 2 cm of massive corals get per year and up to 10 cm per year for branching corals.

Benefits of Coral reef

There are many significances of the coral reefs to the ecosystem. They help protect the coastlines by preventing erosion and storms. And also, they help generate jobs specially for the local communities. Fishing, diving and snorkelling on and near the reef add hundreds of millions of dollars to local business.

Most of coral reefs act as the food sources and good medicines. And also, these provide good habitat for the

fishes, invertebrates, plants and any other marine mammals. As an example, North West Hawaiian Island Coral reefs, are associated with the diversity of life.

Threats to the Coral Reefs

Nowadays, most of Coral reefs get destroyed because of both natural or man caused threats. As the Natural threats, some of invasive species cause it. And also, global climatic changes affect that. As an example, today temperature increases day by day. So, this mainly causes the destruction of the coral reefs. Environmental pollution is one of the other serious factors threatening them. The pollutants can increase the acidification of the ocean. And also, sedimentation can cause the growth reduction of corals.

How to Protect Coral Reefs in Eco-system?

It is most important to take appropriate solutions to protect coral reefs in the countries. We, being the humans, should always try to expel our trash in a proper way.

Humans in most countries try to put trash into the ocean because they do not have enough space. But, as a solution, we can use a concept, 3Rs (Reduce, Reuse and Recycle) to recycle and dispose trash. And also, safe and responsible diving and snorkelling methods should be practiced. When diving in the sea, the divers and others should not touch the coral reefs because they are delicate. The farmers should reduce the use of chemical fertilizers for their cultivations. These chemicals can be sediment on the corals and they can disease the corals. Humans always try to use friendly transportation modes, so some greenhouse gases can affect the growth of corals. There are so many acts based on the protection of corals. U.S.Coral Reef Task Force (USCRTF) is one of acts established by the president of the United states in 1998. It was mainly established for monitoring and mapping Coral reefs in the U.S. by researching the causes for degradation of corals.

Once, I wonder what nature is
And realized that the greatest designer it is
Once, the owner of the supreme power she is
And due to a great mistake, she lost it is

The Greatest MISTAKE

She moulded the whole universe
With carefully designed features
She created the Earth and other planets
And the Sun to generate power needed for spheres

She created trees and vines beautiful
And rain to design the water cycle powerful
Trees, sunlight and water initiated an affiliation wonderful
And gave birth to fruits and flowers colourful

Then, she thought of creating life on the Earth
Soon, with mirth, she gave the animals birth
To maintain the nature's balance which is worth
Assigned tasks for all the animals born on Earth

She created bees and butterflies to do pollination
She asked tigers and lions to control overpopulation
She removed dinosaurs who spoiled the whole creation
She gave birth to some other herbivores needed for the operation

To protect the Earth, she wanted a creature
In whose hands securely lies nature
So, she created a creature with a special feature
Installed a high brain capacity within him with rapture

She named her special child as the "Human being"
And the duty was assumed by the new being
Eventually, he went far beyond she could imagine
Since he possessed a great cognitive power within

He wanted to be more powerful day by day
He wanted to control the world in his way
He forgot the obligation he had on previous day
He started to behave as an unleashed dog stray

Mother nature moulded the Earth with serenity
It had unity, beauty, purity and tranquillity
Human being started to destroy that quality
Selfishness and ambitiousness were his virtues of priority

It was too late when nature understood the reality
She admitted that she did the biggest mistake for surety
That is creating the human being with low quality
Who destroys the gravity of nature by seeking superiority

PLANTS

Plants are a wonderful gift from Mother Nature. These plants belong to the kingdom Plantae. A plant is a living that grows in the

earth and has a root, stem and leaves. Plants are our nature's photosynthetic factory. Furthermore, a plant is an amazing gift that helps living things.

Every plant begins its life with a tiny seed. These seeds get the necessary substances from nature and grow well. Things that plants need for growth are air, water, sunlight, space, nutrients and time. In that way, they grow for many years and become big trees. Plants use Carbon Dioxide and Sunlight to help in a process called Photosynthesis. After this process, plants release Oxygen into the air for every living organism. So, it helps in reducing the level of harmful gases on the earth. Plants contribute directly to the protection of the Ozone Layer.

38

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Plants have a complex structure. Stem, leaves and roots are the three main parts of a plant. Soil contains many nutrients and plants take these nutrients for their growth. Nitrogen, Phosphorus, and Potassium are three main nutrients required for plant growth. Nitrogen makes the leaves green, Potassium helps to fight off diseases and Phosphorous is used for blooming large flowers. Water is necessary for photosynthesis which is how plants use energy from the sun to create their food. Plants use water for their growth & survival. Roots absorb water and minerals from the soil. Then, stem moves these nutrients up to leaves from roots. Water helps the plant absorb minerals more efficiently. Furthermore, space and time are very essential components for plant growth. Leaves make food through photosynthesis and store food. After this wonderful process, stem moves the food leaf to the rest of the plant.

Plants help to keep spring water clean and maintain the rain cycle. They boost air quality. Plants provide us with fuel and maintain soil quality. However, plants are one of our most precious gifts because they keep the soil together to prevent erosion.

A plant is a wonderful creation given to us by Mother Nature. Briefly, plants are green, leafy, flowering, woody, bushy, prickly, fragrant and tall or short organisms. Anyway, I love plants and nature. It is our responsibility to protect this Earth by planting as many plants as possible. Once again, I do love Nature.

*A small seed is like a baby - getting its needs and growth.
A plant is like a human life - bearing a lot of pains and suffering.*

Life With Your...

Life with your wife should be wise,
Like a knife which cuts a cake
Wife should not quarrel with your mom!
Mother Nature! Praise your mom's skills.

Life with your friend should not end,
Like an endless road of love
Friend should not befriend your mom!
Mother Nature! Raise your mom's skills.

Life with your child is not wild,
Like a sweet cotton candy
Child should not disturb your mom!
Mother Nature! Rise against your men!

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**“ NATURE ALWAYS
WEARS THE COLOURS
OF THE SPIRIT ”**

-Ralph Waldo Emerson -

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An Epic Journey in Nature's Paradise

I spent the fifteenth summer of my childhood, the most memorable months of my life, in Marlborough New Zealand at the mountain farm where my father was born. What remains most vivid in my mind is the times I shared with my grandfather. The first thing I noticed about Grandfather was his thick, bushy beard and strong shoulders. All summer, I watched him. He mowed grass with wide sweeps of the scythe, raked it up, and hung it on racks to dry. Later, he gathered the hay in rope-tied bundles and carried them to the barn one by one on his back.

He sharpened his scythes on a grindstone, butchered a sheep, caught and salted fish, milled barley in a water-powered gristmill, and planted and stored potatoes. He needed to produce enough in the brief summer to sustain the family and the animals through the long, snowy winter. He barely paused enough for him to eat and sleep for a few minutes. And yet, he made time for just the two of us. After a trip to a distant town, he handed me a knife and sheath, adding, "These are for you." "Now watch."

He removed his knife from its sheath, cut a thin, succulent branch from a tree, and sat alongside me. With callused hands, he demonstrated how to manufacture a flute. Even now, 72 years later, when I hear the pure sounds of a flute, I am reminded of how he created music from nothing more than a slender branch of a tree. Living on a remote mountain farm, far from neighbors and stores, he had to make do with what he had.



As an Australian, I always assumed people purchased anything they needed. I'm not sure whether grandfather knew this. But it appears he intended to teach me something since he once said, "Come, I have something for you." I followed him into the basement, where he directed me to a workbench near a window. "You should own a toy boat. "You can sail it," he remarked, alluding to a little island just a few kilometers from the residence. Great, I thought as I looked around for the boat. However, there was none. Grandfather took up a slab of wood approximately half a meter long. "The boat is in there," he explained. "You can bring it out." Then, he gave me a razor-sharp axe.

I wasn't sure what to do, but grandfather demonstrated how to use the tool. I started chopping away to form the bow. After he taught me how to use the hammer and chisel properly, I started hollowing down the hull. Grandfather often joined me in the basement to mend wooden rakes and sharpen tools. He answered my questions and gave ideas, but he ensured that I performed all of the work myself.

Then, with my parts of the creation, I headed for a small lake. Climbing the mountain slope, I entered the woods and followed a steep path. I crossed tiny streams, trod on spongy moss, and ascended the slippery stone steps higher and higher until I was above the timberline. After three or four kilometers, I came at last to a small island that a glacier had carved out. Finally, I finished the hull and made a mast and sail. The boat wasn't much to look at, but I was proud of what I had built. I launched my boat and daydreamed while a slight breeze carried the little craft to an opposite shore. The air was crisp and clean. There was no sound but the warble of a bird.



I would return to the small island many times to sail my boat. One day, dark clouds came in, burst open, and poured sheets of rain. I pressed myself against a large boulder and felt its captured warmth. Through the rain, I saw my little boat pushing the ripples. I imagined a ship bravely fighting a turbulent sea. Then, the sun came out, and all was well again. I thought to myself, I want to go around the island with the boat the next day. I got up early and packed my bags with everything, like snacks, drinks, fruits, chocolate, and sandwiches. And, I took a small implement that I wanted for the island. As soon as possible, I reached the place where the boat was parked. After that, I boarded the boat and sailed down the river. I took the boat very carefully, looking at both sides of the river. The drive was beautiful; I felt a cool breeze on my face. After that, I stopped the boat near the small island and got off the boat. I opened my bag, took a big rope, and tied it tight to a big tree. I was happy to be on the island with my boat.

When I entered the island, I felt fear in my little heart, but it slowly disappeared. The big russet trees were waiting to swallow me up. Amidst the chirping of the birds, I also met

some very special friends, so I didn't feel alone. A squirrel, a monkey, a frog, and a parrot were my friends. After talking with these four friends, I heard a sweet sound while walking onto the island. I went forward, wondering what it was. Oh my god! I couldn't believe what I saw. It was a pond formed by beautiful flowers. I ran and smelled those flowers. I felt tired because I had walked a long way. I had a good idea to get my lunch here. So, I gathered some of my friends, took food and drinks, and filled my stomach. The sound of the stream flowing into the pond also provided very sweet music.

At the same time, my memory came from my grandfather's flute. I spent my time playing it too. I was ready to leave there, but it was late evening, so finding the road was a difficult task. I couldn't figure out what to do. I remembered my family waiting for me. It took a few seconds for darkness to cover the entire island. So, I decided to spend that night on the island.

Being the first day to spend the night alone outside the house, I felt a little nervous. But my heart was strengthened to overcome that challenge because my friends stayed with me to spend the night without leaving me alone. I

thought, “Animals are a gift from above for they truly define the words, unconditional love.” As soon as I could, I took my tent, set it up, and went to sleep. I enjoyed that opportunity with great passion, even though sleep was interrupted by the screams of night owls. Somehow, I woke up to the sound of birds and other wildlife. The breath of fresh air was delightful and marked the beginning of a fresh day. At the same time, I got to see a wonderful sight. The sun rising from the distant, mist-covered mountains was enchanting.

I was very lucky to have seen some beautiful events like mothers feeding their baby birds, a pair of parrots making love on top of a tree, frogs sitting on a lotus leaf and looking at the sunlight, and a flock of ants going in line to find food. I shared my breakfast with my friends while sitting on the edge of the pond enjoying the morning glory. And, it was the time for me to leave this little island. I put everything I had brought into the bag and searched around again. It was our responsibility not to leave anything harmful to the environment. I slowly came to the place where the boat was parked, looked back at this beautiful paradise, thanked my friends who stayed till the end of

my trip and the island that protected me all night, and boarded the boat for the day of my return. If we love nature, she will take care of us with love. Nature can forget all the problems and relax the mind. I think, “Nature is not a place to visit; it is our home.” Sailing along the river, I could see my mother, father, and grandfather waiting for me from afar.

I quickly got off the boat and ran towards them, being very happy with my heroic act and worried because I had upset the family. Dad looked at me with displeasure, but he made a little joke, and all three of them hugged me. My grandfather was very happy prepared by myself. I showed the photos I had taken and narrated the lovely moments I spent with the family. My first adventure is over, with the hope of going on a new journey.

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**“ IF YOU
TRULY LOVE NATURE,
YOU WILL FIND
BEAUTY EVERYWHERE ”**

-Vincent van Gosh-



NATURE

Open your eyes
And perceive
The wonder of nature
Sunrise on the
Clear blue sky
Green fields filled
With colorful butterflies
Rivers and streams
Flowing through the fertile soil
Birds singing songs
While flying so high
Tall trees and
Bushes shaking with
Murmur sound
Enjoy nature
A God's gift to you
It is a magical fantasy
Made up with
Different colours
I don't know
How I got so
Attached to the
Colour of green
Nature is strong
Nature is amazing
Nature is a comfortable zone

Chirathi Chanmini DG
2021/2022 Batch



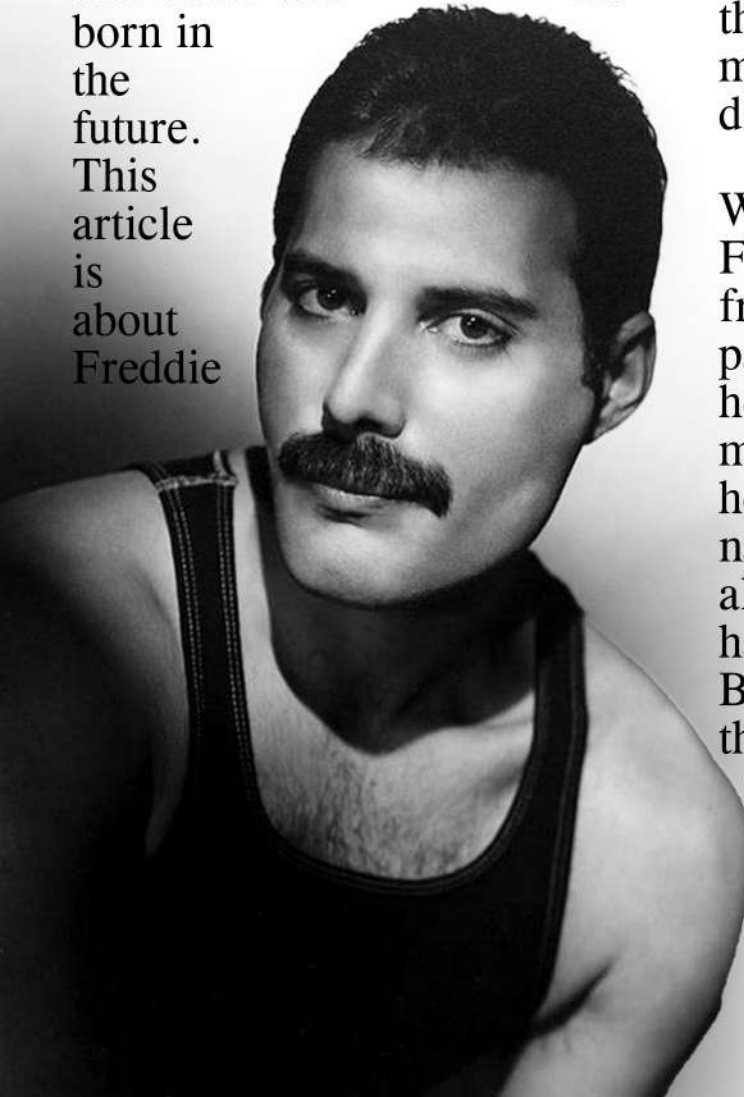
Freddie Mercury & The Bohemian Rhapsody

Mercury, a singing star who captivated the world with his rock singing.

Freddie Sang in Bars

It is correct to say that music is something that is tied to our lives like the bark of a tree. Many people love listening to songs and enjoying music. Music has now become a field that spans a wide range. In this field of music, many great singers, instrumentalists, writers, etc. have been born since the beginning of history. The same will be

born in the future. This article is about Freddie



Before writing about him, if you ask if you know the songs "We Will Rock You" and "We Are the Champions", the answer is yes. Both these songs are the creations of Freddie's band Queen and are sung by Freddie himself. This couple of songs is still accepted by the world as a duet of songs that will last until the end of the world. That means two songs will never die.

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Without a permanent job, Freddie lived doing various jobs from time to time. He had a passion for music as well as the hope of going higher in the music industry. It is special that he decided to add Freddie to his name while studying in India. He also worked as a baggage handler at Heathrow Airport in Britain for some time. Freddie then started singing. At first, singing in small 'bars', he met his musical colleagues Brian May, John Deacon and Roger Taylor.

At this time, he used his name as Freddie Bulsara. In 1970, he managed to form the band Queen. At the same time, he changed his name to Freddie Mercury.

Additional Incisors

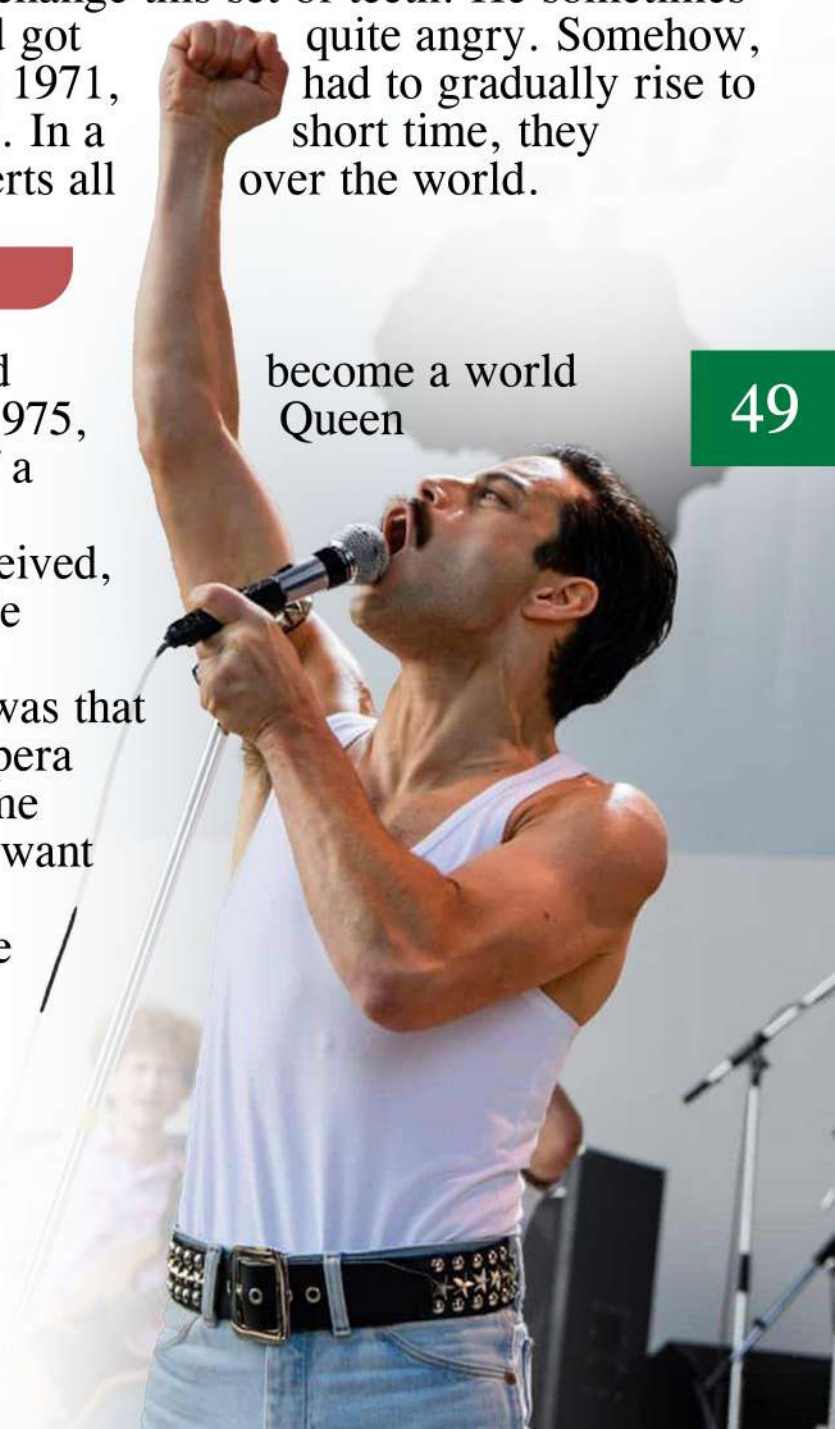
Freddie had a rare set of teeth. It looked like a line of protruding teeth. Because of this position of the teeth, he inherited a special ability to sing songs. It is said that this set of teeth helped Freddie sing in high notes. In the later period, journalists sometimes even asked Freddie if he would change this set of teeth. He sometimes refused those questions and got quite angry. Somehow, the Queen band, formed in 1971, had to gradually rise to the top of the popular level. In a short time, they managed to hold live concerts all over the world.

Bohemian Rhapsody

By the mid-1970s, they had famous singing group. In 1975, released a different kind of a song. It was 'Bohemian Rhapsody' and it was conceived, written and sung by Freddie Mercury.

The specialty of this song was that it was created by mixing opera style with a rock song. Some accused the Freddie didn't want Bohemian Rhapsody to be played on the radio because the song was 6 minutes long. Freddie Mercury was rather an opinionated character. Bohemian Rhapsody eventually became Queen's most popular song.

become a world
Queen



this song is considered as a song that made a different kind of revolution in the world of music.

Live Aid

In the mid-1980s, Ethiopia was hit by a drought, followed by a major famine. Thousands of Ethiopians including children were dying of this famine. At this moment, the concert was called 'Live Aid' to save them. The necessary facilities were provided to broadcast this concert live all over the world and 12 satellites were used for that. At that time, only 3 satellites were used to broadcast the Olympics around the world.

This concert started on July 13, 1985, when England's Wembley Stadium was filled to its full capacity. Like all the bands that sang songs here, the singers joined the concert without charging money. Each of them got 25 minutes for their presentation. Here, Queen's performance at the Live Aid concert is still considered to be the best live performance by a rock group in the world. They completely colored the Live Aid concert.

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Freddie's Unfortunate End

Freddie's life spiraled out of control as the band Queen reached the pinnacle of popularity. He became addicted to drugs as well as other habits. Freddie Mercury loved women and was a Samaritan character. It is also said that his girlfriend Mary Austin left him for this reason.

However, this habit led Freddie to a dangerous situation. That was AIDS. It is said that he first showed symptoms of AIDS in 1982. In 1986, a British newspaper mentioned that he had contracted AIDS. But in an interview at this time, Freddie denied this news. According to Jim Hutton, his lover at the time, Freddie Mercury was suffering from AIDS in late 1987.

He was seen on stage for the last time in the year 1990 for the Brit Awards. However, after 1986, Freddie did not sing live on stage. He came for the last time to record the directed the song, stated that he had never talked about AIDS. He just wanted to finish the song 'These Are the Days of Our Lives' which was recorded in

Nature and Life

In the book, "Nature",
A humble page that embraces laughter and sadness,
Rusty leaves still untold stories,
As it falls to the ground and decays
A new script unfolds in the green leaves.

With every sunrise,
A new paragraph unfolds,
Although the canvas of the blue sky is of different colors,
I am just a bee making a hive.
But the piled-up problems remain like high mountains.
So sunset is the beginning of a new problem.

The trees whisper secrets, the wind turns the page,
Every tree, a stanza of resilience,
Blends ancient stories of growth and adaptation,
Teaching me the beautiful art of survival.

Rivers flow freely,
Tells the beginning and the end of life.
The river that hits the rocks,
The beauty of a waterfall speaks volumes.

The rough wind, the river is the best teacher of life,
Strong trees fall to the ground.
But it tells how to stand up again and bear fruit

So, this masterpiece,
Embracing the beauty of our single pages,
Let's read this book with respect.

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A THERAPY FROM NATURE

“A walk in nature, walks the soul back home.”- Mary Davis.

“I firmly believe that nature brings solace in all troubles”- Anne Frank.

Depression and Anxiety are the common disorders in the present competitive world. First and foremost, what causes these disorders? Most of the time, advanced technological world is the answer. Everyone tends to be busy in front of the screens like robots to survive in this competitive world.

Of course, this is the solution. Nature heals everything. It is a silent teacher. It provides a respite for everyone's overactive mind.

Humans should develop their connectedness with nature. For instance, we might notice the beauty of nature by the rhythmic symphony of chirping birds, flowing water and rustling leaves. It is a soothing melody. The vibrant color of blooming flowers, the gentle touch and a sweet scented breeze are gifts bestowed by nature. Nature is a powerful healer. It offers solace, serenity and rejuvenation to those who seek it.

Research unveils that people who have tight connectedness with nature are usually happier in life.



Moreover, another research reveals, the surroundings can increase or reduce stress; an unpleasant surrounding can cause to feel anxiety, it elevates blood pressure and heart rate. On the other hand, a pleasing surrounding reverses that. Physician Robert Ulrich's studies reveal that patients with the view of trees tolerated pain better and spent less time in a hospital. In addition, more recent studies have shown similar results; hospitals, offices and schools have found that even one plant can have a significant impact on stress and anxiety.

So, to get a relief from this competitive busy world; go for a walk, explore somewhere new, listen to the bird chirpings, look out for wildlife, take a forest bathing and grow your own plants. It will definitely help reduce your anxiety

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and blood pressure. And also, it changes mood; a calm and balanced mood improves creativity.

Without any argument, nature is inherently interesting. It leads to a pivotal role in healing minds. As a final observation, nature is the best therapist without any charge.

“Look deep into nature, and then you will understand everything better.”-
Albert Einstein.

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AND THEN YOU WILL
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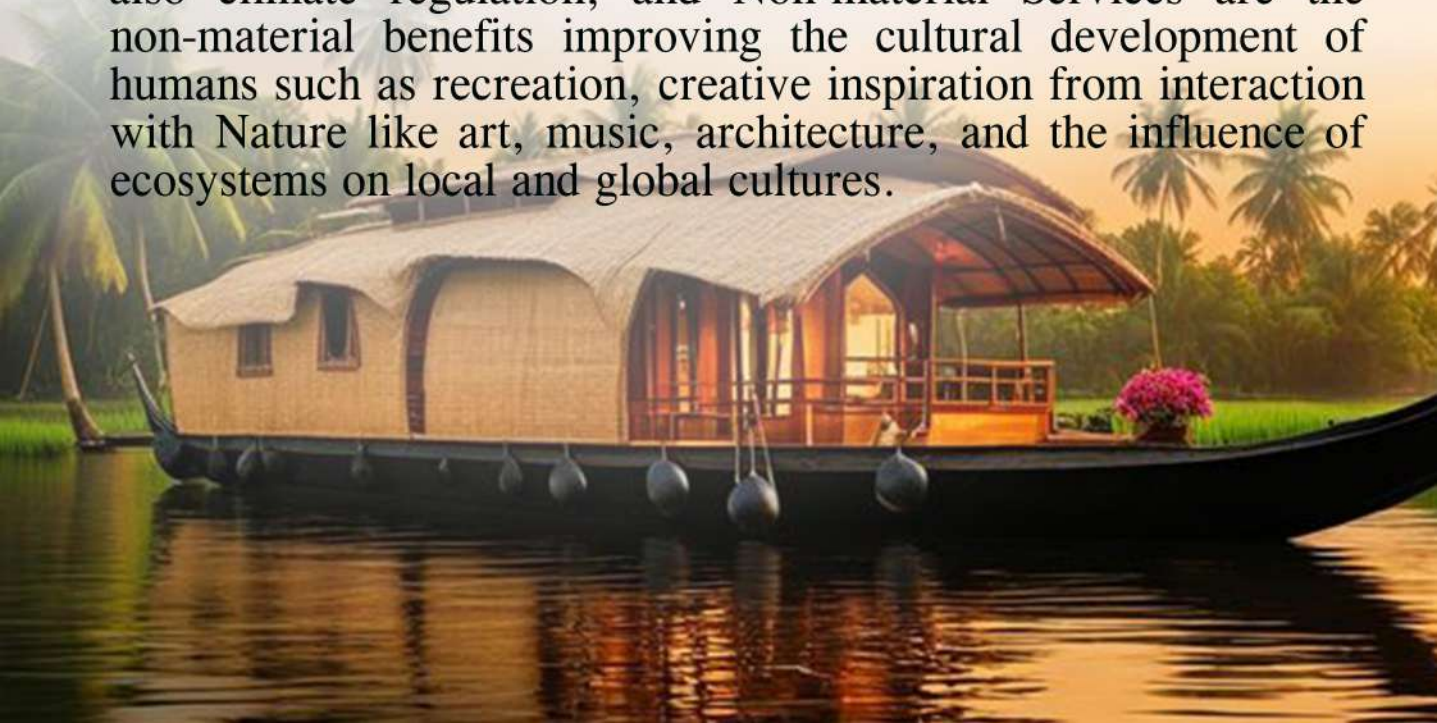


Sustaining Mother Nature's Biodiversity

It is common knowledge that Nature is indeed a precious invaluable gift for Earth we all live in. It is the primary source of all the necessities for the nourishment of all living beings on Earth. Nature is like our mother as she always nurtures all the beings with almost the needs and wants of them. Whatever we see around us, right from the moment we step out of our house is a part of this precious nature. In a nutshell, Nature has been there even before the evolution of human beings.

Role and Importance of Nature

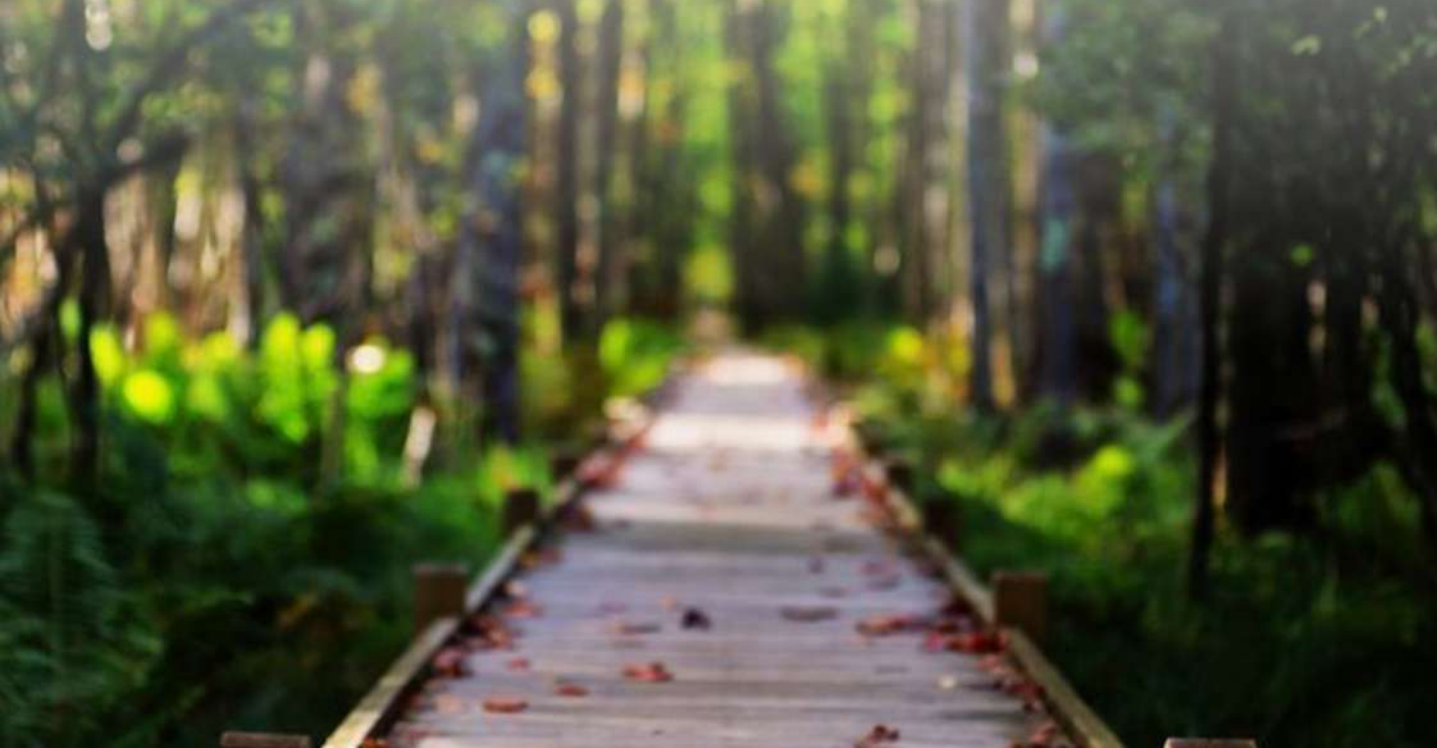
The health benefits of Nature for humans are incredible with oxygen we inhale and the carbon dioxide we exhale and this entire cycle gets regulated by the trees. And, producers (plants), consumers, and decomposers work together for our survival in the eco-system. And also, we are dependent on the natural fundamental processes like soil creation, photosynthesis, nutrient cycle, and water cycle. Undoubtedly and most undeniably Nature provides us with services round the clock: Provisional Services including food, water, natural fuels and fibres, and medicinal plants, Regulating Services including decomposition, water purification, pollution, erosion and flood control and also climate regulation, and Non-material Services are the non-material benefits improving the cultural development of humans such as recreation, creative inspiration from interaction with Nature like art, music, architecture, and the influence of ecosystems on local and global cultures.



Studies and research have shown that children especially have a natural affinity with Nature. Regular interaction with Nature has boosted health development in children like alleviating stress, lessening pain and worries. Nature also supports their physical and mental health and instills abilities to access risks as they grow.

Mother Nature's Depletion

Nature is said to be the greatest teacher as it teaches the lessons of immortality and mortality. Staying in close contact with Nature makes our sight penetrative and broadens our vision to go through the mysteries of the planet earth. Those being away from Nature can't understand the its marvel and beauty. Anyway, the rise in population on planet earth unprecedentedly leads to a rise in consumption of natural resources with tremendous demands for fuels like Coal, petroleum, etc. Air pollution caused by smoke, industrial emissions, automobile exhaust, burning of fossil fuels like coal, coke and furnace oil is also on the rise at a rapid pace. And also, sewage, organic wastage, industrial wastage, oil spillage, and chemicals pollute water. Further, the excessive use of pesticides and chemical fertilizers in agriculture adds to soil pollution. In fact, the mindless felling of trees and demolition of greeneries for industrialization and urbanization greatly hamper the ecological balance together with deforestation causing flood and soil erosion.



Earth's natural resources are not infinite and they cannot be replenished in a short period. Humans in their quest for a world of comforts have been using the resources of Mother Nature quite mindlessly. As a result, massive deforestation, resultant environmental pollution, wildlife destruction, and global warming pose great threats to the survival of all the living beings and Earth has now become an ailing planet panting for care and nutrition for its rejuvenation. Unless mankind puts its best effort to save nature from these recurring situations, Earth would turn into an unfit landmass for life and activity.

Hence, on high priority, we should avoid over-dependence on fossil fuels like coal, petroleum products, and firewood which release harmful pollutants to the atmosphere. Non-conventional sources of energy like the sun, biogas and wind should be tapped to meet our growing need for energy. Surely, it will reduce global warming.

With no doubts, every individual could do his or her bit of responsibility to help save Nature around us practising in heart and soul the three 'R's: Reduce, Reuse, and Recycle. In this way, we could help ourselves lead a sustainable life while saving our beloved Mother Nature stressing the fact that if we make Mother Nature fall ill, we will make ourselves sick and uncomfortable.

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Love that flows from
Mother Nature

I am laying in a magical place
Which pacifies pains with lot of grace
Troubles go away and happiness comes again
By spreading beauty to the blood in veins

They can hear my voice with tears
But they have no eyes or ears
They can bring thoughts to my empty clouds
But they have no minds or mouths

This is the place that true friends live
Who heal the world and keep all alive
When I'm among them my heart says 'stay a while'
And see the love flowing as Nile

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